

CCA sports teams should take precautionary measures to help prevent the spread of COVID-19. CCA will conduct its sports programs if Cumberland County is in the green or yellow phases of the PA Plan for Reopening. CCA will not conduct its sports program if Cumberland County is in the red phase. Contests against other teams may be cancelled if the counties they are from are in the red phase. The reopening of the sports program will also be contingent upon decisions made by the PCAC Conference.

Coaches should work with the athletic director to ensure that teams are following safety protocols. Players that have been in school throughout the day will not need to be re-screened. However, players that are arriving to CCA for practices that were not screened earlier at school should be screened by coaches according to the guidelines in Section 3 of the Health and Safety Plan. This screening should be performed prior to any physical exertion. Coaches should also follow the guidelines of Section 4 of the Health and Safety Plan if a player becomes sick or displays symptoms.

Coaches should promote healthy hand hygiene and players should wash hands before and after practice. Hand sanitizer will also be provided during practices for players to use.

Players must provide their own water bottles and should never share these with other players.

During times when players are not actively participating in practices or games, teams should practice social distancing to the maximum extent feasible. When players are not actively engaged in activity and cannot achieve social distancing, the use of face coverings is recommended.

Coaching staff and other adult personnel should wear face coverings (masks or face shields) at all times, unless doing so jeopardizes their health.

Players should avoid handshakes, high-fives, fist bumps and other forms of physical contact whenever possible.

Sports equipment should be disinfected following practice.

CCA will adhere to occupancy guidelines for its gym facility during home games. Current standards limit gatherings to 25 people indoors and 250 people outdoors. Additionally, total occupancy cannot exceed 50% of the maximum occupancy. Due to these guidelines, spectators and visitors will not be permitted to indoor sporting events.

CCA will communicate the expectations put in place by opposing teams for away games once that information is provided to the athletic department. It is unclear if CCA will be able to obtain bus transportation for away games and parents should expect needing to arrange transportation for their own child.